


Controversies & Advances

IN THE TREATMENT OF CARDIOVASCULAR DISEASE

The Twenty-First in the Series

November 30 - December 1, 2023

The Beverly Hills Hotel - Beverly Hills, California



PROGRAM DIRECTORS: Raj Makkar, MD, FACC, P.K. Shah, MD, MACC, Christine M. Albert, MD, MPH, FACC, Alfredo Trento, MD, FACC, Joanna Chikwe, MD, FACC, Jon Kobashigawa, MD, FACC, C. Noel Bairey Merz, MD, MACC, John G. Harold, MD, MACC, Gregory P. Fontana, MD, FACC, Raj Khandwalla, MD, MA, FACC, Hasan Jilaihawi, BSc (Hons), MD, MRCP (UK)

 **Cedars Sinai**
Smidt Heart Institute



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Controversies & Advances

IN THE TREATMENT OF CARDIOVASCULAR DISEASE

PROGRAM DESCRIPTION

The **Controversies & Advances in the Treatment of Cardiovascular Disease** symposium is an annual program structured to provide attendees with practical and up-to-date information on complex and controversial issues in the management and treatment of cardiovascular disease. The faculty of world-renowned speakers will offer their expert viewpoints through didactic presentations, debates, panel discussions, and special keynote and distinguished lectures.

TARGET AUDIENCE

This symposium is designed for cardiologists, interventional cardiologists, cardiovascular and thoracic surgeons, perfusionists, nurses, technicians and those involved in the diagnosis, treatment and care of individuals with controversial and complex cases of cardiac disease.

LEARNING OBJECTIVES

Upon completion of this course, participants should be able to:

- :: Analyze the latest advancements and emerging treatments for atherosclerosis and dyslipidemia
- :: Evaluate the future of artificial intelligence in cardiovascular medicine and healthcare
- :: Discuss updates in the treatment of structural heart disease, including TAVR, mitral regurgitation, and percutaneous tricuspid valve repair
- :: Examine the practice changing trials of 2023 and their impact on patient care
- :: Identify the patients who will benefit from renal denervation, and assess the role of novel emerging medications in hypertension management
- :: Evaluate the latest debates and controversies in clinical electrophysiology
- :: Describe recent updates and the roles of cardiac imaging, including coronary CT, cardiac PET and SPECT MPI, cardiac MRI, and multimodality imaging
- :: Examine myosin inhibitors vs. septal reduction therapy in the treatment of hypertrophic cardiomyopathy
- :: Discuss expert views on coronary artery disease, including the heart team, left main intervention, and optimal PCI
- :: Understand and discuss recent changes in understanding ischemic heart disease

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CME ACCREDITATION AND DESIGNATION



Physicians: Promedica International is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Promedica International designates this live activity for a maximum of 14.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: Provider approved by the California Board of Registered Nursing, Provider #8495 for 14.5 Contact Hours.

Perfusionists: Category 1 CEUs for perfusionists will be determined by the American Board of Cardiovascular Perfusion and updated online at www.promedicacme.com.

Registered Cardiovascular Invasive Specialist: CCI does not approve CEUs directly, however CCI will accept CEUs that have already been approved by accredited sponsors of the Accreditation Council for Continuing Medical Education (ACCME). RCIS attendees will claim the physician certificate option when completing the online evaluation and can use that certificate to claim CEUs from CCI.

ABIM MOC ACCREDITATION



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14.5 Medical Knowledge MOC points and Patient Safety MOC credits in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

CME PASSPORT



When requested through the evaluation form, the CME credits that physicians earn from this activity will be submitted to ACCME's CME Passport, a free, centralized web application where you can create a personalized account to view, track, and generate transcripts of your reported CME credit. Visit www.cmepassport.org to create an account.

COMMERCIAL SUPPORT

This program is supported in part by educational grants and exhibits from industry, in accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education. At the time of printing, a complete list of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters in meeting materials onsite.

CULTURAL AND LINGUISTIC COMPETENCY

This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

Faculty

Program Directors

Raj Makkar, MD, FACC
PK. Shah, MD, MACC
Christine M. Albert, MD, MPH, FACC
Alfredo Trento, MD, FACC
Joanna Chikwe, MD, FACC
Jon Kobashigawa, MD, FACC
C. Noel Bairey Merz, MD, FACC
John G. Harold, MD, MACC
Gregory P. Fontana, MD, FACC
Raj Khandwalla, MD, MA, FACC
Hasan Jilalawi, BSc (Hons), MD, MRCP (UK)

Local Faculty

Natalie Bello, MD, MPH, FACC
Daniel Berman, MD, FACC
Eric D. Braunstein, MD
Sumeet Chugh, MD, FACC
Suhaib Dohad, MD, FACC
Michael Farkouh, MD, MSc
James Forrester, MD, FACC
Aakriti Gupta, MD, MSc
Michelle Hamilton, MD, FACC
Sanjay Kaul, MD, MPH, FACC
Alan Kwan, MD
Frank Litvack, MD, FACC
Eduardo Marbán, MD, PhD, FACC
David Ouyang, MD, FACC
Jignesh Patel, MD, PhD, FACC
Florian Rader, MD, MSc, FACC
Archana Ramireddy, MD
Ivan C. Rokos, MD, FACC
Bruce Samuels, MD, FACC
Michael Shehata, MD, FACC
Robert Siegel, MD, FACC
Piotr Slomka, PhD, FACC
Janet Wei, MD, FACC, FAHA

Invited Faculty

David E. Albert, MD
AliveCor
Mountain View, CA
Christie Ballantyne, MD, FACP, FACC
Baylor College of Medicine
Houston, TX
Vinayak Bapat, FRCS, CTh
Minneapolis Heart Institute
Minneapolis, MN

Jeroen J. Bax, MD, PhD, FACC
Leiden University Medical Center
Leiden, The Netherlands
Elijah R. Behr, MBBS, MD, FRCP, FESC
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NHS Foundation Trust
St George's, University of London
Mayo Clinic Healthcare
London, United Kingdom
Michael Bloch, MD
Renown Institute for Heart and Vascular Health
Reno, NV

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Stanford, CA

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Columbia University
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Galway
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Stanford, CA

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Eric Topol, MD
Scripps Research Translational Institute
Scripps Research
La Jolla, CA

Atul Verma, MD, FRCPC, FHRS, FACC
McGill University
Montreal, Canada

Ralph Stephan von Bardeleben, MD, PhD
University Medical Center of Mainz
Mainz, Germany

Karol Watson, MD, PhD, FACC
David Geffen School of Medicine at UCLA
Los Angeles, CA

Michael Weber, MD, FAHA, FACC
SUNY Downstate Medical College
Brooklyn, NY

Salim Yusuf, DPhil, FRCPC, RSC, OC, FACC
Population Health Research Institute
McMaster University and Hamilton Health Sciences
Hamilton, Canada

Scientific Program 2023

Thursday, November 30

7:00 - 7:45 AM

Registration, Continental
Breakfast, & Visit Exhibits

7:45 - 7:50 AM

Welcome Address
Raj Makkar, MD, FACC
John G. Harold, MD, MACC

7:50 - 8:20 AM

The Ronald G. Victor, MD - Memorial Lecture: Introduced by James Forrester, MD, FACC

Cardiovascular Effects
of Obesity and Evolving
Treatment

Steven E. Nissen, MD, MACC

SESSION I: ATHEROSCLEROSIS AND DYSLIPIDEMIA

Chair: PK. Shah, MD, MACC

8:20 - 8:40 AM

Lipids Are Essential but Not
Sufficient for Atherogenesis

PK. Shah, MD, MACC

8:40 - 9:00 AM

Non-Statin Lipid Modifying
Therapies

Alan Brown, MD, MHA, FACC,
MNLA

9:00 - 9:20 AM

Lifestyle and Cardiovascular
Health

Karol Watson, MD, PhD, FACC

9:20 - 9:40 AM

Anti Inflammatory Drugs
to Inhibit Atherosclerosis:
Old and New

Christie Ballantyne, MD, FACP,
FACC

9:40 - 10:10 AM

Distinguished Lecture:

My Journey in Academic
Medicine: From Nuclear Risk
and the Nobel Peace Prize
to the Vulnerable Plaque

James Muller, MD, FACC

10:10 - 10:30 AM

Break & Visit Exhibits

SESSION II: STRUCTURAL HEART DISEASE

Chairs:

Raj Makkar, MD, FACC
Alfredo Trento, MD, FACC

Moderator:

Gregory P. Fontana, MD, FACC

Panelists:

Martin Leon, MD, FACC
Michael Mack, MD, MACC

10:30 - 10:45 AM

Update on Public Reporting
for TAVR: Should the Same
Standards Apply to SAVR
and TAVR?

Ralph Brindis, MD, MPH, MACC,
FAHA, FSCAI

10:45 - 11:00 AM

Long Term TAVR

Follow-Up in Perspective:
What Is the Role of Surgery
Moving Forward?

Michael Mack, MD, MACC

11:00 - 11:30 AM

DEBATE

Mitral Regurgitation

:: Surgery Is and Always Will
Be the Gold Standard

Joanna Chikwe, MD, FRCS, FACC

:: TMVR Is the Way Forward

Vinayak Bapat, FRCS, CTh
:: Edge-to-Edge Repair Is
(Pretty Much) All You Need
Ralph Stephan von Bardeleben,
MD, PhD

11:30 - 11:50 AM

Percutaneous Tricuspid
Valve Repair or
Replacement for Severe
Tricuspid Regurgitation:
Cosmetic Benefit or Altering
Natural History? Insights
from TRILUMINATE and
TRISCEND Trials

Martin Leon, MD, FACC

SESSION III: AI IN CARDIOVASCULAR MEDICINE

Chairs:

John G. Harold, MD, MACC
Raj Khandwalla, MD, MA, FACC
Rahul Sharma, MBBS

11:50 AM - 12:20 PM

Keynote Lecture:

Artificial Intelligence (AI)
in Healthcare: How AI
Can Make Healthcare
Human Again

Eric Topol, MD

12:20 - 12:50 PM

Panel Discussion / Q&A

Sumeet Chugh, MD, FACC
Dipti Itchhaporia, MD, MACC,
FAHA, FESC, FRCP
David Ouyang, MD, FACC
Piotr Slomka, PhD, FACC
Eric Topol, MD

12:50 - 1:45 PM

Lunch

Lunch Panel on AI in Cardiovascular Medicine

This content is not CME/MOC
accredited

Moderators:

Sumeet Chugh, MD, FACC
Raj Makkar, MD, FACC

Expert Multidisciplinary Panel

1:45 - 2:05 PM

Keynote Lecture:

Cardiovascular Effects of Air Pollution and Climate Change Across the Country

Jamal Rana, MD, PhD, FACC

SESSION IV:

UPDATE ON PRACTICE CHANGING TRIALS 2023

Chairs:

Sanjay Kaul, MD, MPH, FACC

Raj Makkar, MD, FACC

Panel:

Michael Farkouh, MD, MSc

Steven E. Nissen, MD, MACC

Salim Yusuf, DPhil, FRCPC, FRSC,

OC, FACC

2:05 - 3:05 PM

Mitigating CV Risk in Obesity with Pharmacotherapy is Finally Achievable: Insights from SELECT and STEP-HFpEF Trials

Catheter Ablation for Atrial Fibrillation with Heart Failure: Are We Building Castles in the Sky?

Are the Benefits of Bempedoic Acid Clear? Insights from CLEAR Outcomes Trial

Controversies in Structural Heart Trials

3:05 - 3:30 PM

Break & Visit Exhibits

3:30 - 4:00 PM

What is Right and What is Wrong with the Current Guidelines on Diet and Prevention of Cardiovascular Disease
Salim Yusuf, DPhil, FRCPC, FRSC, OC, FACC

4:00 - 4:20 PM

Keynote Lecture:

New RNA Drugs for Heart Disease

Eduardo Marbán, MD, PhD

SESSION V:

HYPERENSION

Chairs:

Florian Rader, MD, MSc, FACC

Natalie Bello, MD, MPH, FACC

4:20 - 5:00 PM

DEBATE

Renal Denervation is FDA Approved - Now What?

- :: An Update on the Clinical Data
Florian Rader, MD, MSc, FACC
- :: Renal Denervation Will Be an Option for Most Hypertensive Patients!
Michael Bloch, MD
- :: Renal Denervation Will Be a Niche, Last-Resort Procedure!
Franz H. Messerli, MD, FACC

5:00 - 5:15 PM

An Update on Novel Emerging Hypertensive Medications and Their Role in the Management of Hypertension

Michael Weber, MD, FAHA, FACC

5:15 - 5:30 PM

Session V Panel Discussion / Q&A

5:30 - 6:00 PM

Closing Remarks of the Day: Introduced by P.K. Shah, MD, MACC

Thoughts on the Controversies of Life in 2023
Special Guest: Dana Carvey

Friday, December 1

7:00 - 7:55 AM

Registration, Continental
Breakfast, & Visit Exhibits

7:55 - 8:00 AM

Welcome Back
Raj Makkar, MD, FACC

SESSION VI: CLINICAL ELECTROPHYSIOLOGY

Chairs:

Sumeet Chugh, MD, FACC
Michael Shehata, MD, FACC
Christine M. Albert, MD, MPH,
FACC

8:00 - 8:25 AM

DEBATE

Electroporation Will Replace Thermal Ablation for Catheter-Based Procedures

:: Protagonist

Atul Verma, MD, FRCPC, FHRS,
FACC

:: Antagonist

Hugh Calkins, MD FACC

8:25 - 8:50 AM

DEBATE

Cardiac Resynchronization Therapy for Heart Failure

:: The Future Belongs to

Conduction System Pacing
Eric D. Braunstein, MD

:: Are You Kidding Me?

Traditional CRT is
Irreplaceable
Archana Ramireddy, MD

8:50 - 9:15 AM

DEBATE

Safety of Sports for Young Patients with Inherited Arrhythmia Syndromes

:: Let Them Play

Elijah R. Behr, MBBS, MD, FRCP,
FESC

:: That's Playing with Fire

Sumeet Chugh MD, FACC

9:15 - 9:35 AM

Break & Visit Exhibits

SESSION VII: UPDATE IN CARDIAC IMAGING IN CAD: STATE-OF-THE-ART AND FUTURE

Chairs:

Daniel Berman, MD, FACC
Alan Kwan, MD
Robert Siegel, MD, FACC

9:35 - 9:50 AM

The CT Coronary Heart

Team: A New Paradigm

Patrick W. Serruys, MD, PhD, FACC

9:50 - 10:05 AM

Cardiac PET and SPECT MPI

Marcelo Di Carli, MD, FACC

10:05 - 10:20 AM

Cardiac MRI

Michael Salerno, MD

10:20 - 10:35 AM

Controversies in

Multimodality Imaging

Jeroen J. Bax, MD, PhD

10:35 - 11:05 AM

Future of AI

:: Scientist Point of View
Piotr Slomka, PhD, FACC

:: Clinician Point of View
David Ouyang, MD, FACC

11:05 - 11:15 AM

Session VII Panel Discussion
/ Q&A

SESSION VIII: CONTROVERSIES IN ADVANCED HEART FAILURE

Chairs:

Michele Hamilton, MD, FACC
Jon Kobashigawa, MD, FACC

11:15 - 11:35 AM

Keynote Lecture:

Advances and Controversies
in ATTR Amyloid Therapy
Jignesh Patel, MD, PhD, FACC

Hypertrophic Cardiomyopathy

11:35 AM - 12:05 PM

DEBATE

Myosin Inhibitors vs. Septal Reduction Therapy

:: Myosin Inhibitors are
Obviating SRT
Florian Rader, MD, MSc, FACC

:: Septal Reduction Therapy
is Still the Mainstay
Milind Desai, MD, MBA, FACC

:: Discussion / Q&A

12:05 - 12:25 PM

Keynote Lecture:

Editing Out Cardiac Disease:
The Gene Manipulation
Era Begins

Mandeep Mehra, MD, MSc, FRCP,
FACC

12:25 - 1:30 PM

Lunch

**Lunch Panel: Innovation
in Cardiovascular
Medicine**

This content is not CME/MOC
accredited

Moderators:

Raj Makkar, MD, FACC
Frank Litvack, MD, FACC

Expert Multidisciplinary Panel

**SESSION IX:
CONTROVERSIES IN THE
TREATMENT OF CAD -
EXPERT VIEWS**

Chairs:

Raj Makkar, MD, FACC
Michael Mack, MD, MACC
Suhail Dohad, MD, FACC

1:30 - 1:45 PM

First-in-Man: Biorestorative
Bypass Graft

Patrick W. Serruys, MD, PhD, FACC

1:45 - 2:00 PM

The Coronary Heart Team
Is Overrated: Why We
Need MORE Complex PCI,
FEWER CABG

Paul S. Teirstein, MD, FACC

2:00 - 2:30 PM

DEBATE

**Left Main Interventions
in 2023**

:: Surgery Remains the
Gold Standard and Should
be Offered to All Surgical
Candidates

Joanna Chikwe, MD

:: PCI Can Treat Most
Patients and Is the
Treatment of Choice

Patrick W. Serruys, MD, PhD,
FACC

2:30 - 2:50 PM

DEBATE

Optimal PCI in 2023

:: Should be Directed by
Physiology

William Fearon, MD, FACC

:: Should be Directed by
Anatomy

Bruce Samuels, MD, FACC

2:50 - 3:15 PM

Break & Visit Exhibits

**SESSION X:
CHANGES IN ISCHEMIC
HEART DISEASE:
LESSONS LEARNED FROM
THE WOMEN**

Chair:

C. Noel Bairey Merz, MD, MACC

3:15 - 3:25 PM

Welcome & Overview
of Session Goals

C. Noel Bairey Merz, MD, MACC

3:25 - 3:40 PM

Decline in STEMI and
Rising Prevalence of
Nonobstructive CAD:
What Are the Contributing
Risk Factors and Plaque
Changes?

C. Noel Bairey Merz, MD, MACC

3:40 - 3:55 PM

Rising Incidence and
Characteristics of Type 2 MI:
What is the Pathogenesis?

Cian McCarthy, MB, BCh, BAO,
SM, FACC

3:55 - 4:10 PM

Why Do Women Have
Worse Outcomes for
Revascularization? Does it
Depend on the Vessel Size?

Aakriti Gupta, MD, MSc

4:10 - 4:25 PM

New Diagnostic Strategies
and ICDIO Codes for Small
Vessel Disease: Thank
Goodness for the Women!

Janet Wei, MD, FACC, FAHA

4:25 - 4:30 PM

Closing Remarks

C. Noel Bairey Merz, MD, MACC
Janet Wei, MD, FACC, FAHA

Registration Information

\$595 Physician/Industry

\$395 Nurse/Resident/Technician

\$395 ACC National Member

**\$195 California Chapter ACC Member/
Cardiac Care Associate**

\$395 CASTS Member

\$195 CASTS Associate Member

Registration fees include breakfasts and lunches, as well as scientific program materials. Please make checks payable to Promedica International CME in US dollars drawn on a U.S. bank. Visa, MasterCard, Discover and American Express credit cards are also accepted. Registrations should be faxed, mailed or submitted online at www.promedicacme.com.

To register, please complete the attached form and mail or fax to:

Promedica International CME
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Rlaw@promedicacme.com

Refunds

All cancellations must be submitted in writing and refunds will be subject to a \$100 administration charge. Cancellations cannot be accepted over the telephone. Refunds will not be available beginning 20 days prior to the symposium.

Hotel Accommodations

A group room rate of \$695 plus taxes per night is available for symposium attendees at The Beverly Hills Hotel through November 3, 2023. Visit controversiesincardiology.com/hotel.html for instructions on how to make your reservation.

Activity Evaluation

Evaluation by online questionnaire will address content, presentation, and future educational needs. **A link to the evaluation will be sent via email at the conclusion of the program. Symposium participants will complete the form to request their certificate and reporting.**

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Visit us at www.promedicacme.com for convenient online registration.

Physician/Industry: \$595

ACC National Member: \$395

CASTS Member: \$395

**Nurse/Resident/
Technician:** \$395

**California Chapter ACC
Member/Cardiac Care
Associate:** \$195

**CASTS Associate
Member:** \$195

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Email Address _____ Specialty _____

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WHAT THEY'RE SAYING:

- :: Overall, this is one of the best cardiovascular disease conferences I have ever attended for its depth, breadth, and clinical applicability.
- :: Truly an outstanding program. I always look forward to the contemporary topics and especially the fascinating debates.
- :: Excellent overall content with a broad array of important topics across the spectrum of cardiovascular disorders. I loved the mix of didactic lectures, debates, and the ample time for discussion.
- :: The symposium provides a fresh look at the critical controversies in cardiovascular disease, challenges our intellect, and adds therapeutic knowledge.
- :: Outstanding, state-of-the-art discussions on most compelling recent issues. Speakers were excellent.

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