

3rd Annual Cardiovascular Disease Management for Nurses

Best Practices in Patient Care

October 10, 2018 | 12:00 – 5:00 PM

12:00 – 12:10 pm

Welcome, Vision, and Introduction

Sarah Humme, DNP, RN, NEA-BC, CENP

Richard R. Heuser, MD, FACC

12:10 – 1:00 pm

Clinical Nursing Series: Care of the Patient with Heart Failure (HF/CHF)

Curtis Townsend, RN, MHA

Objectives:

After attending this lecture, participants should be able to:

- Correlate selected cardiovascular structures with functional elements of the cardiovascular system
- Discuss the definitions, etiology, pathophysiology, and clinical manifestations of HF
- Compare and contrast the American College of Cardiology Foundation (ACCF), American Heart Association (AHA), and the New York Heart Association (NYHA) classes of HF
- Examine specific SWG ICD-10 DRGs related to HF
- Integrate the nursing process and collaborative treatment/management of HF
- Evaluate current innovations in treatment strategies for patients with HF

1:00 – 1:50 pm

Decreasing Readmission Rates for HF and MI

Sharon Morgan, DNP, FNP-BC, AGACNP-BC

Objectives:

After attending this lecture, participants should be able to:

- Understand the RED discharge toolkit
- Discuss the TCM codes and how to use them
- Understand different ways to decrease readmission rates of HF and MI patients
- Integrate different ways to involve other staff members to have better access to care for their cardiology patients

1:50 – 2:20 pm

Break

2:20 – 3:10 pm

Quality Improvement and Your Cardiology Service Line

Maghee Disch, MSN, RN, FHFSA, CHFN, AACC

Objectives:

After attending this lecture, participants should be able to:

- Discuss current trends in cardiology as a service line
- Define quality measures, metrics, and data
- Offer strategies for improvement
- Learn how to implement and evaluate quality initiatives

3:10 – 4:00 pm

HTN Management Strategies

Marci Farquhar-Snow, MN, RN, CCRN, CMC, ACNP-BC, AACC

Objectives:

After attending this lecture, participants should be able to:

- Describe blood pressure (BP) targets based on current evidence
- Evaluate how hypertension (HTN) interacts with comorbidities and physiological changes
- Formulate HTN management strategies to achieve target goals using case studies

4:00 – 5:00 pm

Panel Discussion / Question & Answer

5:00 – 7:00 pm

Welcome Reception & Pre-Registration for CDM 2018

Cardiovascular Disease Management
A Case-Based Approach
6th Annual Symposium
October 11-12, 2018

Thursday, October 11, 2018

7:15 – 8:00 am	Registration and Continental Breakfast
8:00 – 8:25 am	Welcome and Introduction <i>Richard R. Heuser, MD, FACC</i>
8:25 – 8:30 am	Arizona Chapter of the American College of Cardiology Introduction <i>Christian S. Breburda, MD, PhD, FACC</i>
<u>SESSION I:</u>	Are We Doing Enough to Combat America’s #1 Killer, Cardiovascular Disease?
8:30 – 9:00 am	Nearly 50% of Americans Have Hypertension: What Are the New Guidelines? <i>Michael Weber, MD, FACC</i>
9:00 – 9:30 am	Are We Recognizing all of the Treatable Causes of Hypertension: Primary Hyperaldosteronism, Recognition and Treatment <i>J. Brian Byrd, MD, MS</i>
9:30 – 10:00 am	Now That Coronary Artery Disease is Being Managed, We Have a CHF Epidemic: New Agents and New Promises <i>Nancy K. Sweitzer, MD, PhD, FACC</i>
10:00 – 10:30 am	Break & Visit Exhibits
10:30 – 11:00 am	We Have Achieved Our Lipid Goals, but Cardiovascular Event Rates are Still Extremely High: The Whole New Chapter in Cardiovascular Inflammation, Perspectives From a Pioneer <i>Christie Ballantyne, MD, FACC</i>
11:00 – 11:30 am	The Pregnant Patient with Unstable Angina: Special Concerns, Evaluation and Treatment Options <i>Poulina Uddin, MD</i>

11:30 am – 12:00 pm **Panel Discussion / Question & Answer**
Christie Ballantyne, MD, FACC,
Christian S. Breburda, MD, PhD, FACC, J. Brian Byrd, MD, MS,
Nancy K. Sweitzer, MD, PhD, Poulina Q. Uddin, MD,
Michael Weber, MD, FACC

12:00 – 1:00 pm **Lunch**

The Underlying Thrombotic Risk in Patients with Atherosclerotic Vascular Disease
(Lunch activity is not included in CME hours.)
Sponsored by: Janssen Pharmaceuticals, Inc.
Speaker: Ehrin Armstrong, MD, MSc, FACC

SESSION II: **It Doesn't Just Revolve Around the Heart: PAD and Structural Heart Disease**

1:00 – 1:30 pm **Abdominal and Thoracic Aneurysmal Disease: Best Treated Percutaneously: State-of-the-Art**
John Laird, MD, FACC

1:30 – 2:00 pm **Finally the Feds Will Allow Us to Treat Paradoxical Emboli Leading to Strokes...What About PFO Closure and Migraines? Is There Convincing Evidence to Treat?**
Robert Sommer, MD

2:00 – 2:30 pm **Break & Visit Exhibits**

2:30 – 3:00pm **Venous Disease is Extremely Prevalent and Way Under Diagnosed and Treated: Outlook From a Pioneer**
Patricia E. Thorpe, MD, FSIR

3:00 – 3:30 pm **PCI Post ORBITA: Does This Really Change Our Treatment of Chronic Stable Angina?**
Kirk N. Garratt, MSc, MD, FACC

3:30 – 4:00pm **Panel Discussion/Question & Answer**
Kirk N. Garratt, MSc, MD, FACC, John Laird, MD, FACC,
Ajay Mhatre, MD, RPVI, FACC, Robert Sommer, MD,
Patricia E. Thorpe, MD, FSIR

4:00 pm **Adjourn**

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Friday, October 12, 2018

7:15 – 8:00 am **Registration and Continental Breakfast**

SESSION III: **Diabetes: 21st Century Epidemic**

8:00 – 8:30 am **What About All These New Diabetic Medications: Which Ones Can Make an Impact on Cardiovascular Disease in My Diabetic Patients?**
George Dailey, MD, MACE

8:30 – 9:00 am **New Treatments for PAD: What Practitioners Need to Know**
John Laird, MD, FACC

9:00 – 9:30 am **Wound Care From a Podiatrist's Perspective: What Do Practitioners Need to Know?**
Alan Block, DPM, MS, FACFAS, FASPS

9:30 – 10:00 am **Panel Discussion / Question & Answer**
Alan Block, DPM, MS, FACFAS, FASPS, George Dailey, MD, MACE, John Laird, MD, FACC, Kerry Zang, DPM

10:00 – 10:30 am **Break & Visit Exhibits**

10:30 – 11:00am **With the Explosion in Growth of CHF in the US, What is the Role of an Outpatient Oriented CHF Clinic in Your Practice?**
Nancy Sweitzer, MD, PhD, FACC

11:00 – 11:30am **Introduction and Advances in Digital Medicine**
Raj Khandwalla, MD, MA, FACC

11:30 am – 12:00 pm **Panel Discussion / Question & Answer**
Nancy Sweitzer, MD, PhD, Raj Khandwalla, MD, MA, FACC

12:00 – 1:00 pm **Lunch**

SESSION IV:

The Future in Cardiovascular Medicine

- 1:00 – 1:30 pm **TAVR is Here to Stay: What About TAVR in Low-Risk Patients?**
Joseph Carrozza, MD, FACC
- 1:30 – 2:00 pm **Atrial Fibrillation: What Is the Best Approach to Treat and Control? A Practical Approach**
T. Jared Bunch, MD, FACC
- 2:00 – 2:30 pm **The Radialist's Lament: How Can We Get Our Colleagues On the Train?**
Sunil Rao, MD, FACC
- 2:30 – 2:45 pm **Panel Discussion / Question & Answer**
T. Jared Bunch, MD, FACC, Joseph Carrozza, MD, FACC, Soundos Moualla, MD, FACC, Sunil Rao, MD, FACC
- 2:45 – 3:00 pm **Break & Visit Exhibits**
- 3:00 – 3:30 pm **Can Heart Disease Be Abolished? The PCSK9 Revolution**
Christie Ballantyne, MD, FACC
- 3:30 – 4:00 pm **Can Hypertension Possibly Be Treated With a Procedure? The Hope and Promise of Renal Denervation**
Michael Weber, MD, FACC
- 4:00 – 4:30 pm **Panel Discussion / Question & Answer**
Christie Ballantyne, MD, FACC, Michael Weber, MD, FACC
- 4:30 pm **Adjourn**