

6th Annual Symposium

Cardiovascular Disease Management: A Case-Based Approach

Richard R. Heuser, MD, FACC
Program Director

October 11-12, 2018

3rd Annual Nursing Symposium

October 10, 2018, 12:00 – 5:00 pm

Arizona Biltmore Hotel, Phoenix, Arizona



Course Description

This two-day continuing medical education symposium will center on the nuts and bolts of everyday care for patients with cardiovascular diseases, and present new ideas for tailoring the most appropriate treatment plan for each individual. Focus will be placed on gauging and monitoring therapy, including recognizing symptoms, evaluating risk factors, guiding treatment through imaging, general and functional testing, and appropriate therapy. Unlike most programs, this will be delivered as a case-based approach. In other words, how would I manage a diabetic patient with these lipid levels? Case examples make the lectures more relevant to everyday practitioners.

Working with the most current data from recent evidence-based medicine studies, as well as new guidelines, the invited faculty will provide updates and detailed discussions on hypertension, new agents for CHF, PFO closure, PCI post ORBITA, new diabetic medications and wound care, TAVR, atrial fibrillation and much more. Ultimately, the goal is to provide an overview of the optimal methods and management of the informed physician's practice, and to discuss and debate the exciting options on the horizon.

Target Audience

This symposium is designed for clinical cardiologists, interventional cardiologists, primary care physicians, cardiovascular surgeons, basic scientists, vascular medicine specialists, nurses, perfusionists, cath lab technicians, and other health care professionals with a special interest in the field of cardiovascular medicine.

Program Educational Objectives

Upon completion of the meeting, attendees should be able to:

- ▶ Understand the new lipid agents and their potential impact on risk factors
- ▶ Examine the serious complications of diabetes, particularly peripheral vascular disease and wound care from the perspective of a cardiovascular specialist
- ▶ Compare and contrast management of the most common arrhythmia, atrial fibrillation
- ▶ Understand the clinical evaluation and treatment of congestive heart failure
- ▶ Recognize and evaluate patients with cardiovascular disease seen in a day-to-day practice setting, and to be able to gauge and manage therapy of these patients
- ▶ Explore cardiovascular treatment options on the horizon
- ▶ Understand and discuss the future of healthcare delivery in this new era

3rd Annual Nursing Symposium

This continuing nursing education symposium will be designed with an emphasis on providing the best in patient care. The program and registration information will be available online at www.promedicacme.com.

October 10, 2018 ▶ 12:00 – 5:00 pm

Arizona Biltmore Hotel, Phoenix, Arizona

Program Director: Sarah Humme, DNP, RN, NEA-BC, CENP

Program Director

Richard R. Heuser, MD, FACC

Chief of Cardiology
St. Luke's Medical Center
Professor of Medicine
University of Arizona College of Medicine
Phoenix, AZ

Invited Faculty

Richard Auchus, MD, PhD

University of Michigan
Ann Arbor, MI

Christie Ballantyne, MD, FACC

Baylor College of Medicine
Houston, TX

Alan Block, DPM, MS, FACFAS, FASPS

The Ohio State University
Hospitals
Ohio Health Dublin Methodist
Columbus, OH

Christian S. Breburda, MD, PhD, FACC

Maricopa Medical Center
University of Arizona
Phoenix, AZ

T. Jared Bunch, MD, FACC

Intermountain Medical Center
Heart Institute
Murray, UT

Joseph Carrozza, MD, FACC

Steward St. Elizabeth's
Boston, MA

George Dailey, MD, MACE

Scripps Clinic
The Scripps Whittier
Diabetes Institute
La Jolla, CA

Kirk N. Garratt, MSc, MD, FACC

Christiana Care Health System
Newark, DE

Raj Khandwalla, MD, MA, FACC

Cedars-Sinai Heart Institute
Los Angeles, CA

John Laird, MD, FACC

Adventist Heart
and Vascular Institute
St. Helena, CA

Ajay Mhatre, MD, FACC, RPVI

St. Luke's Medical Center
Scottsdale, AZ

Soundos Moualla, MD, FACC

YAVAPAI Regional Medical
Center
Prescott, AZ

Ashish Pershad, MD, FACC

Banner University Medical
Center
Phoenix, AZ

Sunil Rao, MD, FACC

Duke University Health System
Chapel Hill, NC

Robert Sommer, MD

Columbia University
New York, NY

Nancy Sweitzer, MD, PhD, FACC

University of Arizona
Tucson, AZ

Patricia E. Thorpe, MD, FSIR

Endovenous Surgery
St. Luke's Medical Center
Phoenix, AZ

Poulina Uddin, MD

Scripps Clinic
San Diego, CA

Michael Weber, MD, FACC

State University of New York
Downstate Medical College
Liberty Lake, WA

Kerry Zang, DPM

St. Luke's Medical Center
Phoenix, AZ

Wednesday, October 10, 2018

12:00 – 5:00 pm

3rd Annual Cardiovascular Disease
Management for Nurses

5:00 – 7:00 pm

Welcome Reception

Thursday, October 11, 2018

7:15 – 8:00 am

Registration and Continental Breakfast

8:00 – 8:25 am

Welcome and Introduction

Richard R. Heuser, MD, FACC

8:25 – 8:30 AM

Arizona Chapter of the American College
of Cardiology Introduction

Christian S. Breburda, MD, PhD, FACC

SESSION I: Are We Doing Enough to Combat America's #1 Killer, Cardiovascular Disease?

8:30 – 9:00 am

Nearly 50% of Americans Have Hypertension:
What Are the New Guidelines?

Michael Weber, MD, FACC

9:00 – 9:30 am

Are We Recognizing All of the Treatable Causes
of Hypertension: Primary Hyperaldosteronism,
Recognition and Treatment

Richard Auchus, MD, PhD

9:30 – 10:00 am

Now That Coronary Artery Disease is Being
Managed, We Have a CHF Epidemic:

New Agents and New Promises

Nancy Sweitzer, MD, PhD, FACC

10:00 – 10:30 am

Break & Visit Exhibits

10:30 – 11:00 am

We Have Achieved Our Lipid Goals, But
Cardiovascular Event Rates are Still Extremely
High: The Whole New Chapter in Cardiovascular
Inflammation, Perspectives From a Pioneer

Christie Ballantyne, MD, FACC

11:00 – 11:30 am

The Pregnant Patient with
Unstable Angina: Special Concerns,
Evaluation and Treatment Options

Poulina Uddin, MD

11:30 am – 12:00 pm

Panel Discussion / Question & Answer

12:00 – 1:00 pm

Lunch

SESSION II: It Doesn't Just Revolve Around the Heart: PAD and Structural Heart Disease

1:00 – 1:30 pm

Abdominal and Thoracic Aneurysmal Disease: Best Treated Percutaneously: State-of-the-Art
John Laird, MD, FACC

1:30 – 2:00 pm

Finally the Feds Will Allow Us to Treat Paradoxical Emboli Leading to Strokes...What About PFO Closure and Migraines? Is There Convincing Evidence to Treat?
Robert Sommer, MD

2:00 – 2:30 pm

Break & Visit Exhibits

2:30 – 3:00 pm

Venous Disease is Extremely Prevalent and Way Under Diagnosed and Treated: Outlook From a Pioneer
Patricia E. Thorpe, MD, FSIR

3:00 – 3:30 pm

PCI Post ORBITA: Does This Really Change Our Treatment of Chronic Stable Angina?
Kirk N. Garratt, MSc, MD, FACC

3:30 – 4:00 pm

Panel Discussion / Question & Answer

Friday, October 12, 2018

7:15 – 8:00 am

Registration and Continental Breakfast

SESSION III: Diabetes: 21st Century Epidemic

8:00 – 8:30 am

What About All These New Diabetic Medications: Which Ones Can Make an Impact on Cardiovascular Disease in My Diabetic Patients?
George Dailey, MD, MACE

8:30 – 9:00 am

New Treatments for PAD: What Practitioners Need to Know
John Laird, MD, FACC

9:00 – 9:30 am

Wound Care From a Podiatrist's Perspective: What Do Practitioners Need to Know?
Alan Block, DPM, MS, FACFAS, FASPS

9:30 -10:00 am

Panel Discussion / Question & Answer

10:00 -10:30 am

Break & Visit Exhibits

10:30 – 11:00 am

With the Explosion of Growth of CHF in the US, What is the Role of an Outpatient Oriented CHF Center in Your Practice?
Nancy Sweitzer, MD, PhD, FACC

11:00 – 11:30 am

Introduction and Advances in Digital Medicine
Raj Khandwalla, MD, MA, FACC

11:30 am – 12:00 pm

Panel Discussion / Question & Answer

12:00 – 1:00 pm

Lunch

SESSION IV: The Future in Cardiovascular Medicine

1:00 – 1:30 pm

TAVR is Here to Stay: What About TAVR in Low-Risk Patients?
Joseph Carrozza, MD, FACC

1:30 – 2:00 pm

Atrial Fibrillation: What Is the Best Approach to Treat and Control? A Practical Approach
T. Jared Bunch, MD, FACC

2:00 – 2:30 pm

The Radialist's Lament: How Can We Get Our Colleagues On the Train?
Sunil Rao, MD, FACC

2:30 – 2:45 pm

Panel Discussion / Question & Answer

2:45 – 3:00 pm

Break & Visit Exhibits

3:00 – 3:30 pm

Can Heart Disease Be Abolished? The PCSK9 Revolution
Christie Ballantyne, MD, FACC

3:30 – 4:00 pm

Can Hypertension Possibly Be Treated With a Procedure? The Hope and Promise of Renal Denervation
Michael Weber, MD, FACC

4:00 – 4:30 pm

Panel Discussion / Question & Answer

Refunds

All cancellations must be submitted in writing and refunds will be subject to a \$100 administration charge. Cancellations cannot be accepted over the telephone. Refunds will not be available after August 28, 2018.

Hotel Accommodations

A special rate of \$315 plus taxes per night for single or double occupancy have been made available for program participants at the Arizona Biltmore in Phoenix, Arizona. All reservations must be received by the hotel by September 10, 2018.

Two ways to make your reservation:

- Visit www.promedicacme.com for the direct link to online reservations.
- Contact the reservations department by phone at (800) 950-0086, or (602) 955-6600. You must state that you are attending the Cardiovascular Disease Management symposium to receive the special rate.

A credit card is required to confirm your reservation and one night's room and tax will be charged as a deposit. The deposit is refundable up to 14 days in advance of the arrival date, after which it is nonrefundable.

Activity Evaluation

Evaluation by online questionnaire will address content, presentation and future educational needs.

CME Accreditation and Designation



Promedica International is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Promedica International designates this live activity for a maximum of 12.25 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Contact Hours: Provider approved by the California Board of Registered Nursing, Provider #8495 for 12.25 Contact Hours for the Cardiovascular Disease Management symposium.

Perfusion CEUs: Category 1 CEUs approved by The American Board of Cardiovascular Perfusion (ABCP) have been requested and updated information will be posted online at www.promedicacme.com.

Registered Cardiovascular Invasive Specialist (RCIS): CCI does not approve CEUs directly, however CCI will accept CEUs that have already

Online Registration: www.promedicacme.com

Cardiovascular Disease Management

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Physician/Industry

\$695 Through August 28, 2018

\$795 After August 28, 2018

Resident/Fellow/Nurse

\$495 Through August 28, 2018

\$595 After August 28, 2018

Payment

All fees in US dollars drawn on US banks:

Visa/MasterCard

American Express

Discover Card

For additional information, contact:

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been approved by accredited sponsors of the Accreditation Council for Continuing Medical Education (ACCME). RCIS attendees will claim the physician certificate option when completing the online evaluation and can use that certificate to claim CEUs from CCI.

Radiologic Technologists (AART): Category A/A+ CE credit is pending approval by the ASRT. Updated information on the determination will be provided online at www.promedicacme.com as soon as it is received.

ABIM MOC Accreditation



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.25 Medical Knowledge MOC points and Patient Safety MOC credit in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Promedica International CME
300 Carlsbad Village Dr, Ste 108A-326
Carlsbad, CA 92008

Cardiovascular Disease Management: A Case-Based Approach

What they are saying:

- Spectacular all around! The speakers were dynamic, the topics were current, and the pace was great.
- This was a great symposium. It had a variety of speakers from different regions, all sharing different methods and ideas.
- The case-based format promoted provocative thought and discussion between participants and faculty.
- This symposium sheds light on cutting-edge technologies and advances in the treatment of cardiovascular disease from the medical, interventional, and lifestyle modification perspectives.
- Very well-organized meeting that provided up-to-date information regarding technology, medications, and interventions.
- Excellent and diverse topics with thoughtful practical utilization.

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Arizona Biltmore Hotel, Phoenix, Arizona

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