

Should FFR be used routinely in STEMI patients with multivessel disease ?



Pieter C. Smits

Maasstad Ziekenhuis, Rotterdam,
The Netherlands



Strategies towards non-IRA lesion

MV-STEMI Patients

Aggressive *MV-PCI acutely*

- + Complete revasc.
- + No residual ischemia
- + No additional CAG/PCI
- + Cost effective
- More contrast / radiation
- Unstable condition
- Thrombogenic milieu
- Potential unneeded PCI

Intermediate *Non-IRA staged*

- + Complete revasc.
- + No residual ischemia
- + Stable condition
- + (Heart team discussion)

- Re-CAG
- More costs and risk
- Potential unneeded PCI

Conservative *Medication*

- + Proper indication revasc.
- + Stable condition
- + Heart team discussion
- Sign. residual ischemia
- Non conclusive isch. test
- More costs and risk

Strategies towards non-IRA lesion

**MV-STEMI
Patients**

Aggressive
MV-PCI acutely

Intermediate
Non-IRA staged

Conservative
Medication

*Revasc.
based on
angio*

*Revasc.
based on
FFR*

*Revasc.
based on
angio*

*Revasc.
based on
FFR*

*Revasc.
based on
Ischemia / sympt.*

PRAMI

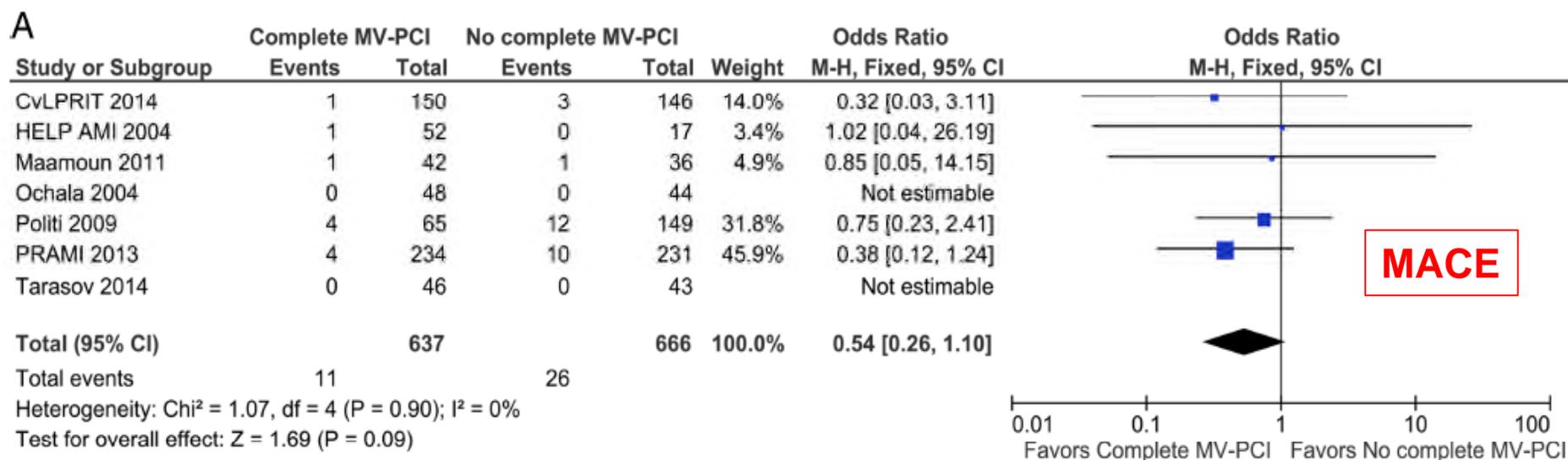
CvLPRIT

Meta-analysis

Acute complete versus Non-complete / Staged

Complete revascularization in the acute phase:

- 41 % Reduction in MACE (death, recurrent MI, Revascularization)
- 52% Reduction in recurrent MI
- 49% Reduction in repeat revascularization
- Trend towards lower cardiovascular mortality ($p=0.09$)



Guidelines



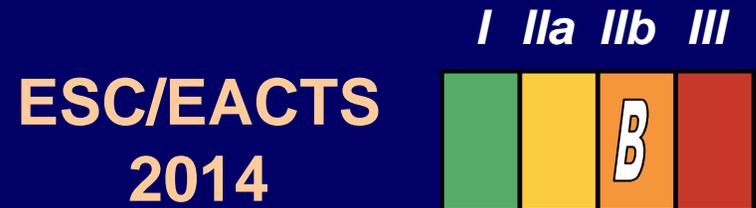
PCI of a non-infarct artery at the time of primary PCI in patients without hemodynamic compromise is not indicated



PCI of a noninfarct artery may be considered in selected patients with STEMI and multivessel disease who are hemodynamically stable, either at the time of primary PCI or as a planned staged procedure



With the exception of cardiogenic shock, PCI (whether primary, rescue, or post-fibrinolysis) should be limited to the culprit stenosis.



Immediate revascularization of significant non-culprit lesions during the same procedure as primary PCI of the culprit vessel may be considered in selected patients

Do all non-IRA lesions with $\geq 50\%$ stenosis by angiography need to be treated acutely ?

Potentially yes:

- Randomized data suggest this strategy
- STEMI patients are known to have more vulnerable plaques
- Less residual ischemic burden

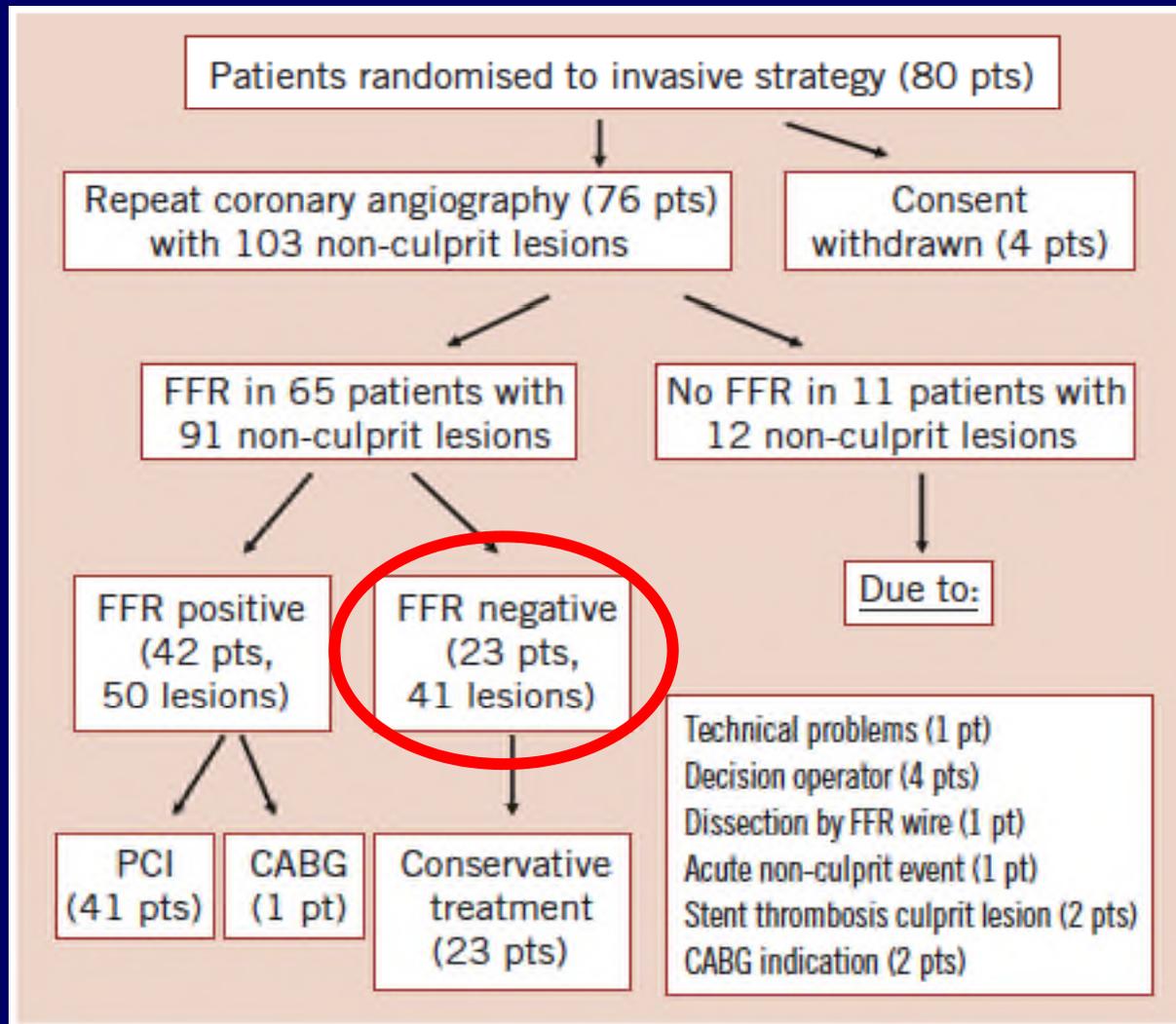
Potentially no:

- Angiography not accurate in determining ischemic or vulnerable lesions
- FFR or OCT / NIRS-IVUS guided revasc. not yet fully investigated
- Limited data about identification true vulnerable plaques
- DEFER & FAME showed that FFR negative lesions are relative benign
- Post STEMI patients receive DAPT and lipid lowering therapy

Non-culprit lesions detected during primary PCI: treat invasively or follow the guidelines?

Jan-Henk E. Dambrink*, MD, PhD; Jan P. Debrauwere, MD; Arnoud W.J. van 't Hof, MD, PhD; Jan-Paul Ottervanger, MD, PhD; A.T. Marcel Gosselink, MD, PhD; Jan C.A. Hoorntje, MD, PhD; Menko-Jan de Boer, MD, PhD; Harry Suryapranata, MD, PhD

Re-CAG + FFR at mean 7.5 days post Prim. PCI

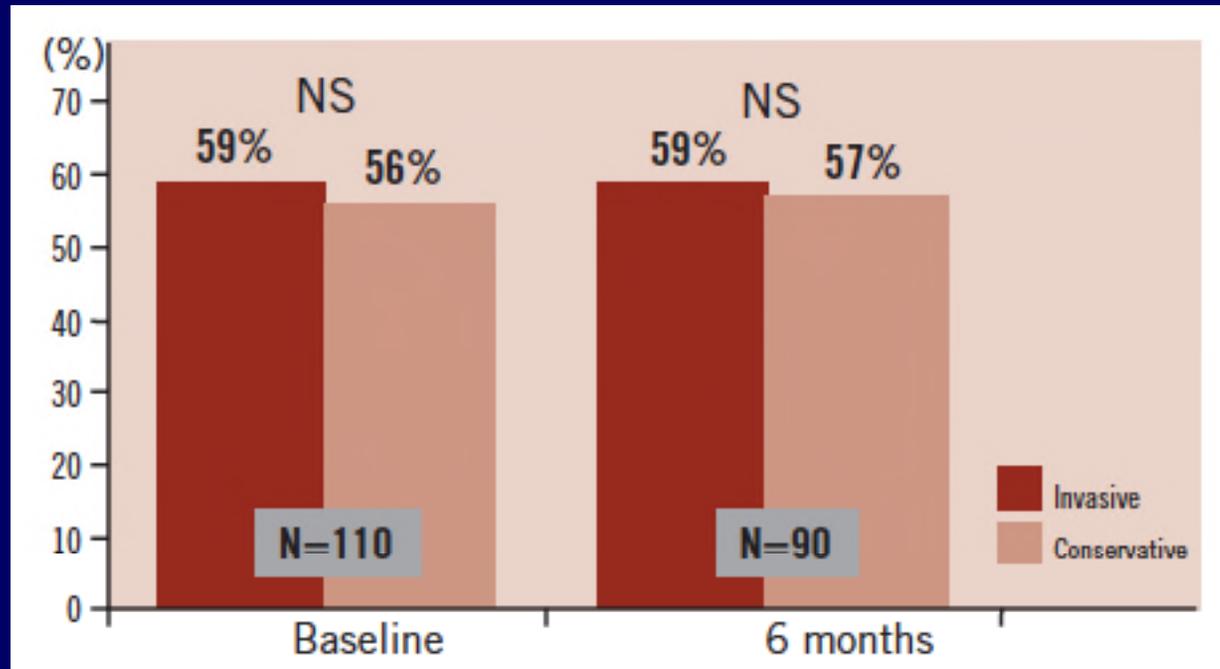


40% of non-IRA lesions are negative with FFR

Non-culprit lesions detected during primary PCI: treat invasively or follow the guidelines?

Jan-Henk E. Dambrink*, MD, PhD; Jan P. Debrauwere, MD; Arnoud W.J. van 't Hof, MD, PhD; Jan-Paul Ottervanger, MD, PhD; A.T. Marcel Gosselink, MD, PhD; Jan C.A. Hoorntje, MD, PhD; Menko-Jan de Boer, MD, PhD; Harry Suryapranata, MD, PhD

Primary endpoint: Nuclear LVEF @ 6 months



Strategies towards non-IRA lesion

**MV-STEMI
Patients**

Aggressive
MV-PCI acutely

Intermediate
Non-IRA staged

Conservative
Medication

*Revasc.
based on
angio*

*Revasc.
based on
FFR*

*Revasc.
based on
angio*

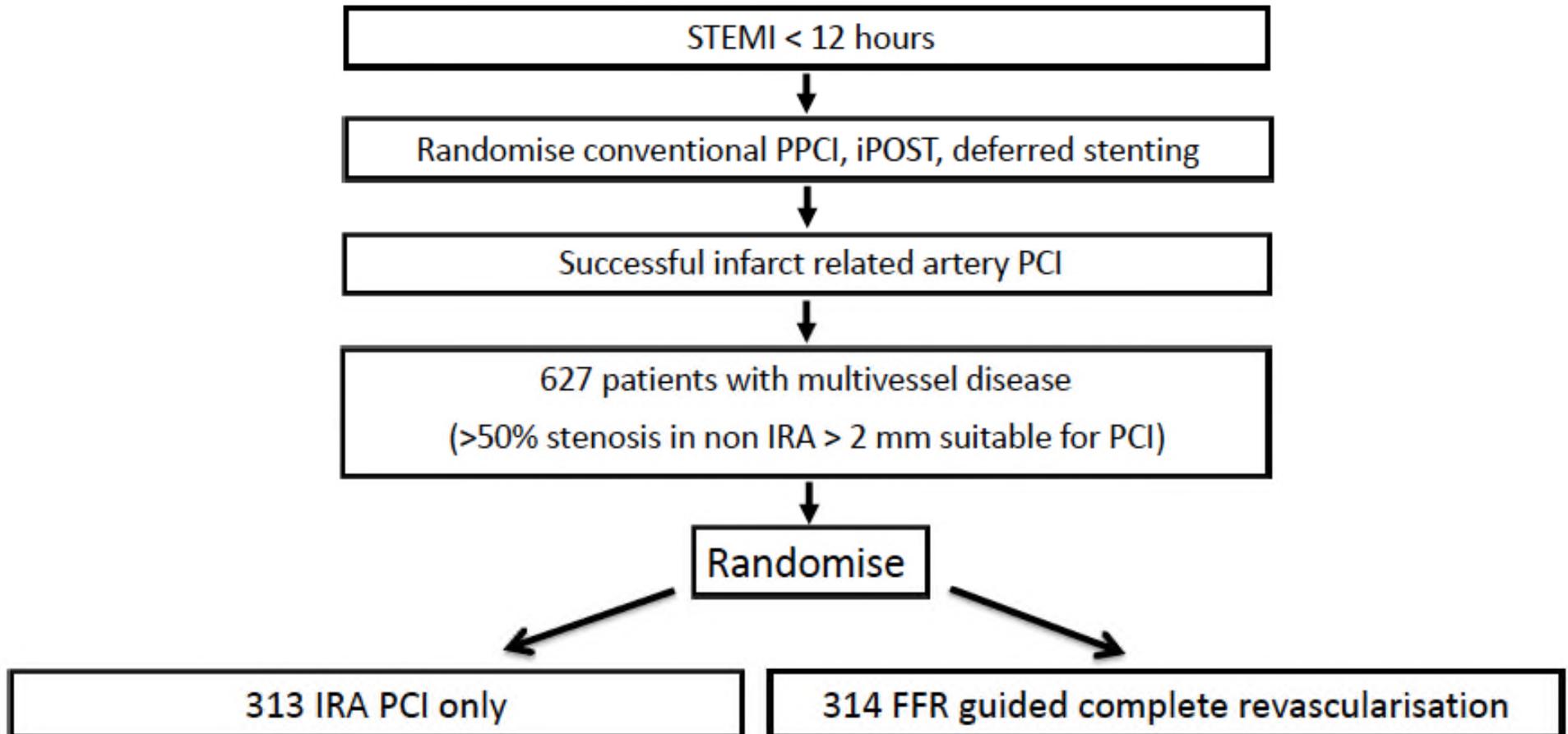
*Revasc.
based on
FFR*

*Revasc.
based on
Ischemia / sympt.*

**DANAMI-3
PRIMULTI**

COMPARE-ACUTE

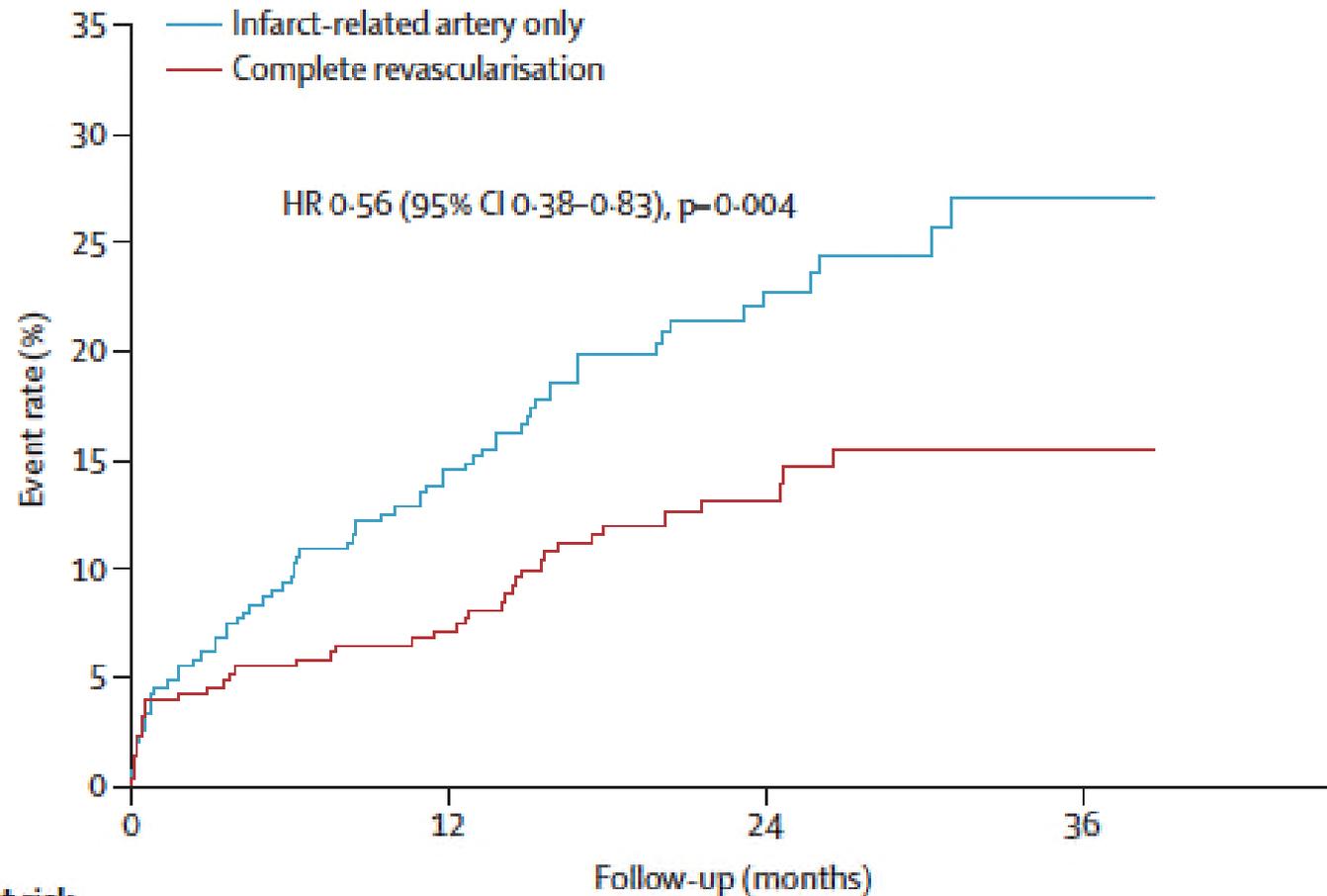
DANAMI3-TRIAL program



DANAMI3-TRIAL program¹

¹ Høfsten et al. Am Heart J 2015

*DANAMI 3 – PRIMULTI showed benefit for early FFR guided revascularization
Median 27 months FU*



Number at risk		Follow-up (months)			
Infarct-related artery only	313	12	24	36	
Complete revascularisation	314	12	24	36	

Primary Endpoint (MACE): All Death, Non fatal MI, ID-Revascularization of non-IRA
Engstrøm et al. Lancet 2015

DANAMI 3 – PRIMULTI showed benefit for early FFR guided revascularization
Median 27 months FU

	IRA only (n = 313)	Complete revascularisation (n = 314)	HR [95% CI]	p
Primary endpoint	68 (22%)	40 (13%)	0.56 [0.38 – 0.83]	0.004
All-cause death	11 (4%)	15 (5%)	1.4 [0.63 – 3.0]	0.43
Nonfatal MI	16 (5%)	15 (5%)	0.94 [0.47 – 1.9]	0.87
Ischaemia-driven revascularisation*	52 (17%)	17 (5%)	0.31 [0.18 – 0.53]	<0.001
Secondary endpoints				
Cardiac death	9 (3%)	5 (2%)	0.56 [0.19 – 1.7]	0.29
Cardiac death or nonfatal MI	25 (8%)	20 (6%)	0.80 [0.45 – 1.45]	0.47
Urgent PCI	18 (6%)	7 (2%)	0.38 [0.16 – 0.92]	0.03
Non-urgent PCI	27 (9%)	8 (3%)	0.29 [0.13 – 0.63]	0.002

* PCI or CABG

Primary Endpoint mainly driven by repeat revascularization

Engstrøm et al. Lancet 2015

COMPARE-ACUTE trial

COMPARE ACUTE is an prospective, randomized trial carried out at 24 sites across Europe and Asia

Objective is to evaluate the strategy of FFR guided complete revascularization in the **acute setting** versus the culprit only revascularization strategy

The primary study endpoint is MACCE defined as death, myocardial infarction, any revascularization, or cerebral accident at 12 months.

ClinicalTrials.gov # NCT01399736

COMPARE-ACUTE trial design



885 STEMI pts + Multi VD
(non IRA \geq 50%)

Estimated MACCE
8% versus 14.5%
Power 80%

Inclusion criteria:

- Pts. 18-85 year old
- Prim. PCI < 12 hours
- Non-IRA lesions \geq 50%
by visual assesment and
amendable for PCI

Exclusion criteria:

- LM \geq 50% stenosis
- Kilip class > 2
- Stent thrombosis
- CTO
- Non-IRA TIMI flow < 3

After succesfull
Primary PCI of IRA
Randomised

R

FFR of all lesions \geq 50%
stenosis in >2mm non-IRA

1:2

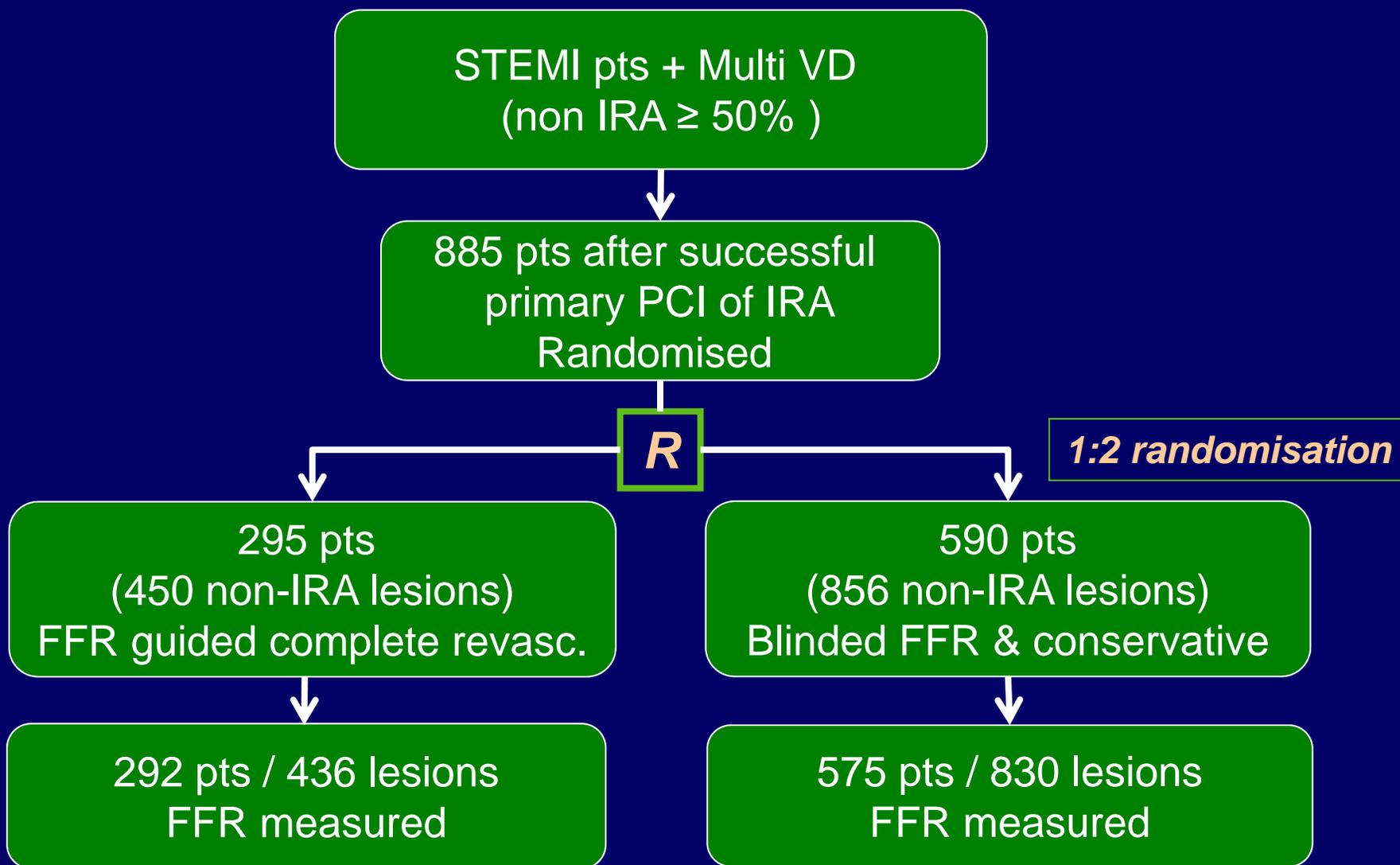
FFR of all lesions \geq 50%
stenosis in >2mm non-IRA

Acute FFR guided
complete PCI of
non-IRA lesions

Conservative strategy
(Treating cardiologist
blinded for FFR value)

Primary endpoint: all cause death, MI, any revasc*, stroke (MACCE) @ 12 mths
* After 45 days in the conservative arm, unless urgent indication

COMPARE-ACUTE trial flow



Primary endpoint: all cause death, MI, any revasc*, stroke (MACCE) @ 12 mths

* After 45 days in the conservative arm, unless urgent indication

FFR of the non-IRA during STEMI

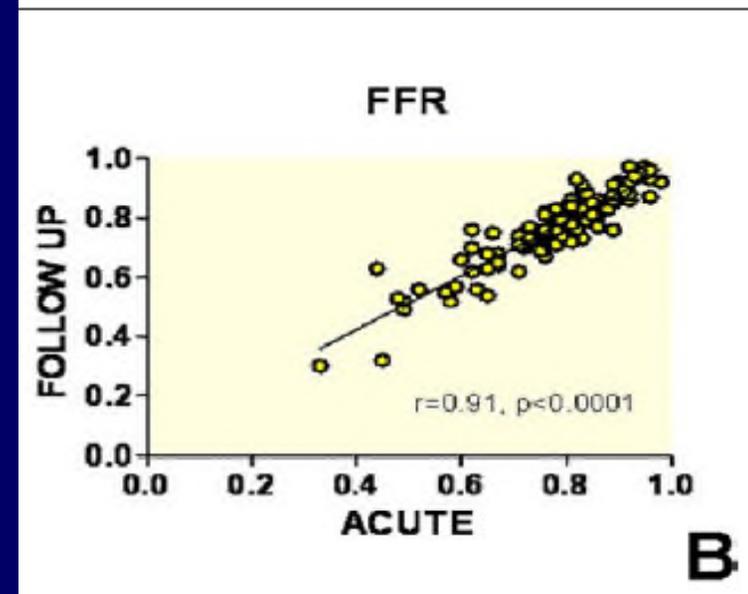
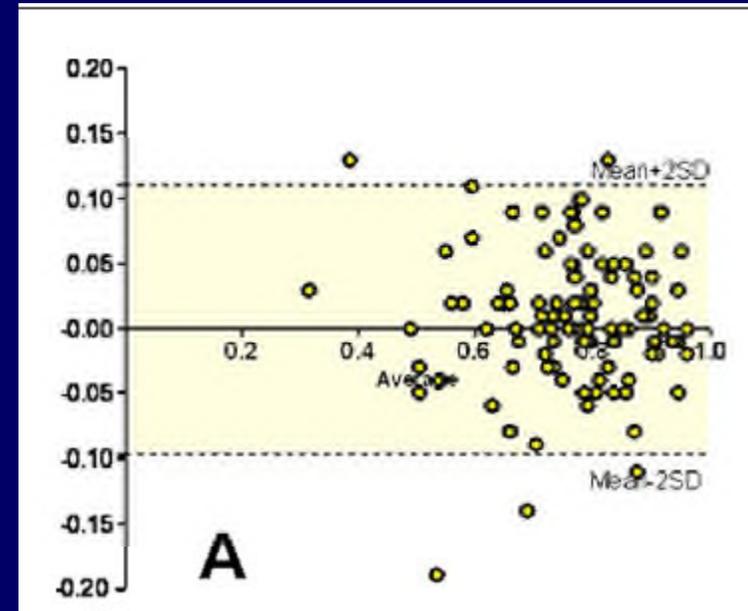
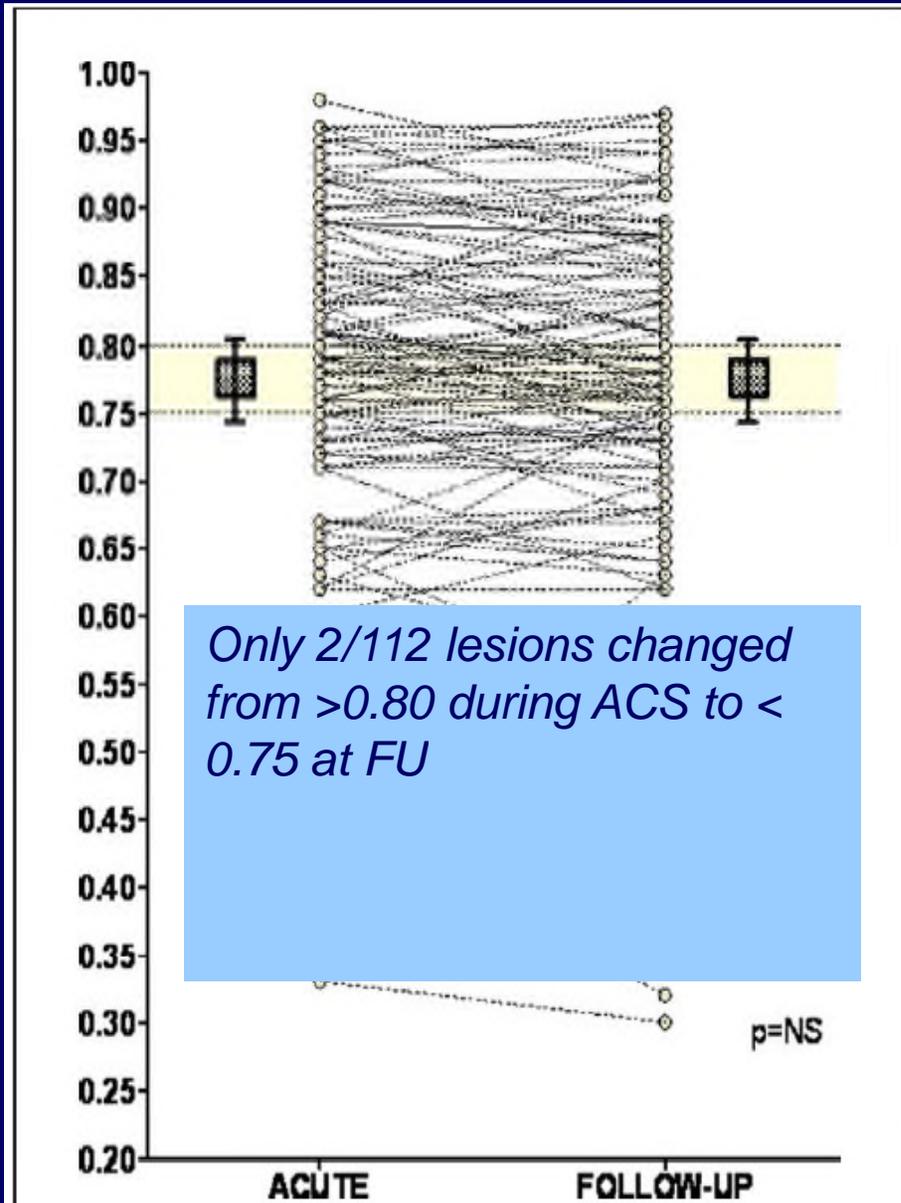
During STEMI, is the FFR of the non infarct related artery reliable ?

Ntalialis et al. JACC CardioVasc Int 2010;12:1274-81

101 AMI patients (75 STEMI, 26 non-STEMI)

112 non-IRA lesions FFR acutely after P-PCI

Repeat FFR after 35 ± 4 days after PCI



Ntalialis et al. JACC CardioVasc Int 2010;12:1274-81

Why FFR of non-IRA lesions in STEMI patients during pPCI ?

Potential benefits :

- Justified complete or justified incomplete revascularization might improve clinical outcome
- Facilitate decision making in the heart-team
- Expedite post MI care and discharge
- Reduce costs
- Provide patient security

WAVE study design (Rome, Italy)

Started August 2015, Recruiting

60 STEMI pts + Multi VD
(non IRA \geq 50%)

Inclusion criteria:
- Pts $>$ 18 old

After successful
Primary PCI of IRA

Exclusion criteria:
- Sinus bradycardia
- Heart failure
- Previous MI
- Poor LVF

FFR and iFR of non-IRA
Acute stage

FFR and iFR of non-IRA
Subacute stage 5-7 days

Primary endpoint: assessment reliability FFR and iFR acutely and staged

FAIO trial design

(Limerick University, Ireland)
Registered Dec 2015, Recruiting ?

560 STEMI pts + Multi VD
(non IRA \geq 50%)

Inclusion criteria:

- Pts $>$ 18 old
- Non-IRA lesions amendable for PCI

Exclusion criteria:

- LM \geq 50% stenosis
- Cardiogenic shock
- Renal Insufficiency

After successful
Primary PCI of IRA
Randomised

R

Staged FFR guided
@ 4 weeks

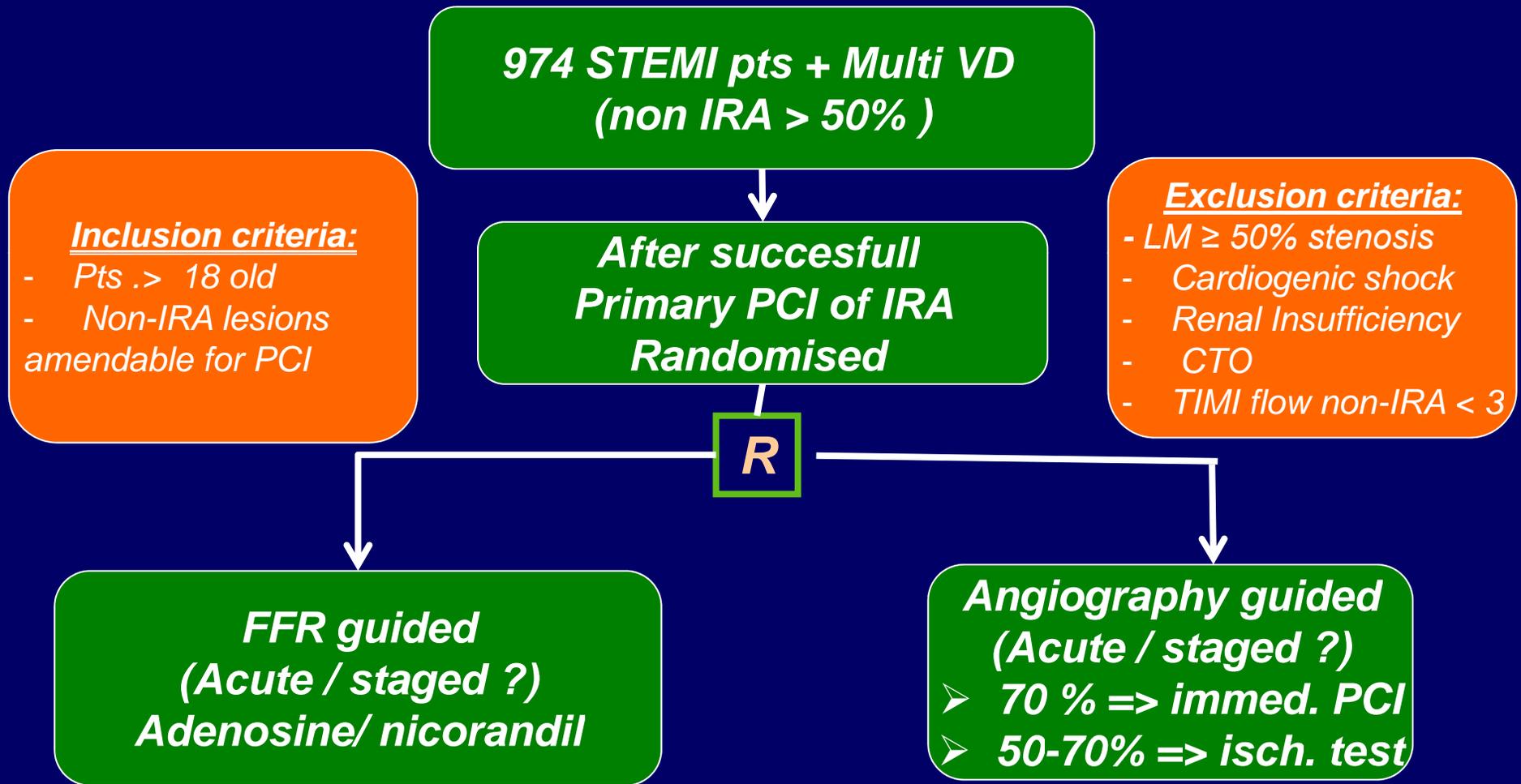
Angio guided
(staged ??)

Conservative

Primary endpoint: CV- Death, MI, Revascularization (MACE) @ 12 mths

FRAME-STEMI trial design

(Seoul National University, Korea)
Registered March 2016, Recruiting ?



Primary endpoint: Any Death, MI, Revascularization (MACE) @ 12 mths

FULL REVASC trial design

(Karolinska Institute, Sweden)
Registered August 2016, Recruiting

4052 STEMI / High risk NSTEMI pts + Multi VD
(non IRA > 50%)

Inclusion criteria:

- Pts .> 18 old
- Non-IRA > 2.5 mm
- Non-IRA lesions amendable for PCI

**After successful
Primary PCI of IRA
Randomised**

Exclusion criteria:

- LM \geq 50% stenosis
- Cardiogenic shock
- CABG

R

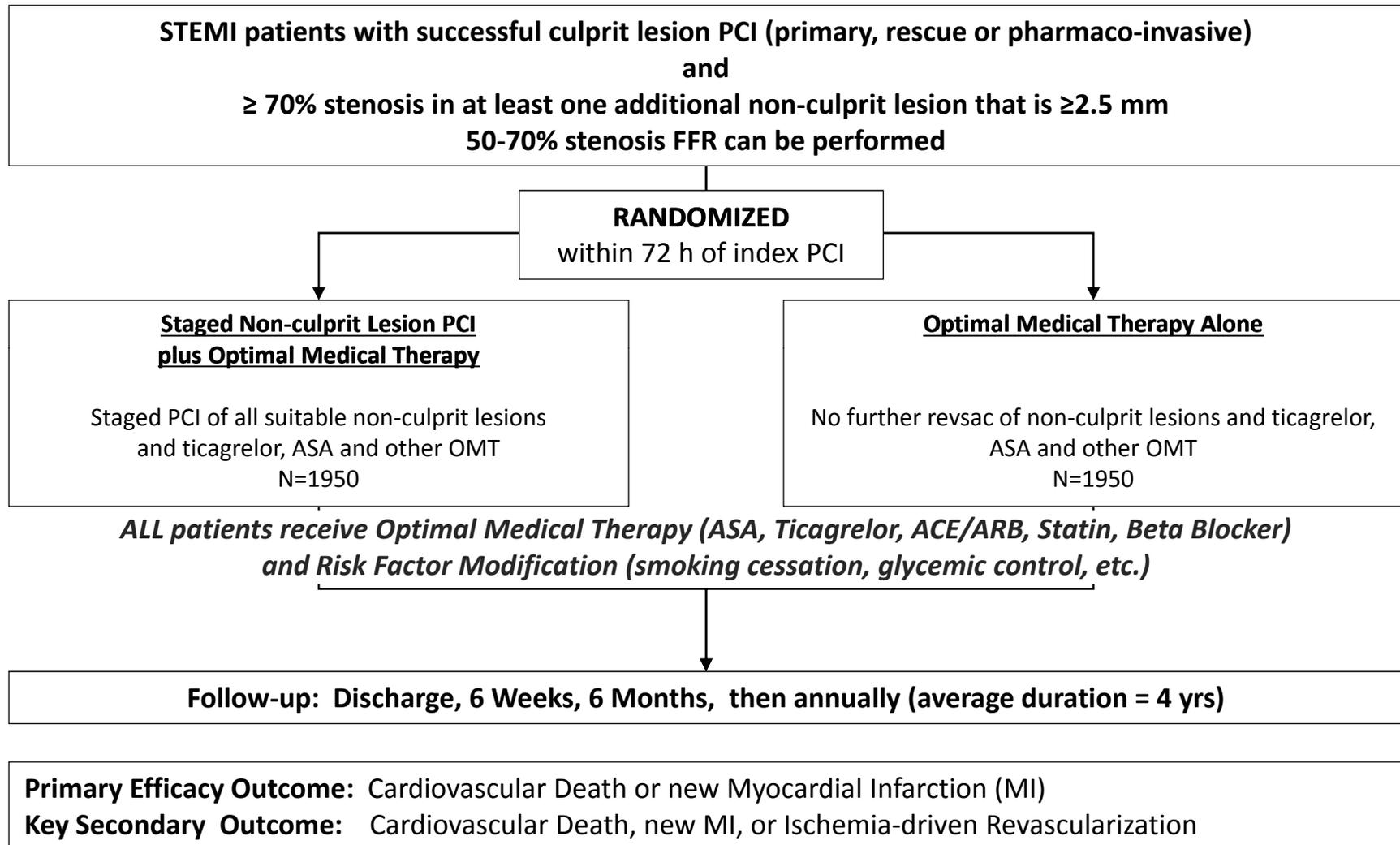
**FFR guided
(Acute or during index hosp)**

Angiography guided

Primary endpoint: All Death + MI, @ 12 mths



COMPLETE Study Design



STEMI = ST segment elevation myocardial infarction

PCI = percutaneous coronary intervention

FFR = fractional flow reserve

OMT = optimal medical therapy

Conclusions

Based on the PRAMI and CvLPRIT trials the previous ban on acute non-culprit treatment in STEMI patients has been lifted and is now allowed in 'selected' patients (class 2B)

A staged approach with FFR assessment in a later phase seems to be a acceptable alternative, but done early after pPCI

FFR data shows a high portion of negative FFR-measurements in non culprit lesions with visual estimated stenosis of >50% (FAME 37%, Dambrink 40%, DANAMI 31%)

More RCT data on **acute** and **staged** FFR guidance expected from COMPARE-ACUTE (ACC 2017), COMPLETE (2018) and FULL-REVASC (2020)