

Cardiovascular Disease Management for Nurses
Best Practices in Patient Care
October 12, 2016
12:00 – 5:00 PM

Wednesday, October 12, 2016

12:00 – 12:10 pm

Welcome, Vision, and Introduction

*Sarah Humme, DNP, RN, NEA-BC, CENP and
Richard R. Heuser, MD, FACC*

12:10 – 1:00 pm

STEMI System of Care: Improving Care and Beating the Clock

Holly Burke, RN, BSN

Objectives:

- ◆ Review how a STEMI system of care improves door to balloon times
- ◆ Address the importance of EMS integration in the STEMI system of care
- ◆ Review the importance of EMS feedback regarding patient outcomes
- ◆ Learn about the importance of case reviews and how the importance of reviewing each case with EMS is crucial

1:00 – 1:50 pm

Management of Low Risk ACS Patients: Who Goes Home and Who is Placed in Observation?

Kay Styer Melching, MSA, RN, AACC

Objectives:

- ◆ The participant will create an algorithm risk stratifying which patient presenting to the emergency department with chest pain is safe to go home versus observation care
- ◆ The participant will describe current research literature regarding risk stratification of the patient presenting with chest pain
- ◆ The participant will discuss the liability of the low risk ACS patients to the health care system

1:50 – 2:20 pm

Break

2:20 – 3:10 pm

Care of the CV Surgery Patient: A Nursing Perspective

Crystal Hammett, RN, BSN

Objectives:

- ◆ Evaluate the current application of equipment, resources, and cognitive recognition required in today's fast paced high acuity cardiovascular ICUs
- ◆ Review current nursing practice techniques utilized in providing nursing care to the complex cardiovascular patient
- ◆ Review critical thinking techniques utilized by the cardiovascular Registered Nurse and cardiovascular surgeon in order to provide optimum bedside care

3:10 – 4:00 pm

Nursing Care of Patient with Ventricular Assist Device

Lilliana Castro, ADN, RN

Cesar Cuellar, BSN, RN, RRT

Objectives:

- ◆ Define purpose and clinical indications for ventricular assist device
- ◆ Describe nursing role and responsibilities in care of patient with device
- ◆ Identify potential complications associated with ventricular assist device
- ◆ Review plan of care for patient with ventricular assist device pre and post implementation

4:00 – 5:00 pm

Panel Discussion and Question & Answer

Optimizing Treatment and Improving Care Transitions in Chronic Heart Failure

October 13, 2016

6:45 – 7:45 AM

A Satellite symposium of:
Cardiovascular Disease Management:
A Case-Based Approach
4th Annual Symposium
October 13 – 14, 2016

Thursday, October 13, 2016

Faculty:

Gregg Fonarow, MD

Director, Ahmanson-UCLA Cardiomyopathy Center
Co-Director, UCLA Preventative Cardiology Program
Co-Chief, UCLA Division of Cardiology
The Elliot Corday Chair in Cardiovascular Medicine and Science
Los Angeles, CA

Uri Elkayam, MD, FACC

Professor of Medicine
Division of Cardiology
University of Southern California
Los Angeles, CA

6:45 – 6:50 am	Program Overview
6:50 – 7:00 am	Chronic Heart Failure: Mechanisms, Impact, and Outcome
7:00 – 7:15 am	Clinical Application: Optimizing Pharmacological Treatment and Applying the Recommendations in Patients with Chronic Heart Failure
7:15 – 7:30 am	Improving Care: Safety and Efficacy of the New Medications and the New Recommendations

Cardiovascular Disease Management
A Case-Based Approach
4th Annual Symposium
October 13 – 14, 2016

Thursday, October 13, 2016

7:15 – 8:00 am **Registration and Continental Breakfast**

8:00 – 8:30 am **Welcome and Introduction**
Richard R. Heuser, MD, FACC

SESSION I: **The Nation's #1 Health Problem: Setting the Stage**

8:30 – 9:00 am **What Role do the New PCSK9 Inhibitors Have in Lipid Lowering Treatment?**
Jennifer G. Robinson, MD, MPH

9:00 – 9:30 am **Sprinting to Treat Hypertension: Have the Goals for Treating High Blood Pressure Changed?**
Joachim H. Ix, MD, MAS

9:30 – 10:00 am **I'm Completely Confused, How Long Do We Keep Patients on Antiplatelet Agents after Stenting and It Seems Many of My Folks Have Non-valvular Afib: What are the Best Agents?**
Michael Rinaldi, MD, FACC

10:00 – 10:30 am **Break & Visit Exhibits**

10:30 – 11:00 am **The Irregular Part of Life: What Is New in Treatment of Atrial Fibrillation?**
David Spragg, MD

11:00 – 11:30 am **How Do You Mend a Broken Heart: The New Agents to Treat CHF...Paradigm Shift or Just the Same Old Drugs?**
Gregg Fonarow, MD, FACC

11:30 am – 12:00 pm **Panel Discussion / Question & Answer**
Gregg C. Fonarow, MD, FACC
Richard R. Heuser, MD, FACC
Joachim Ix, MD, MAS
Michael Rinaldi, MD, FACC
Jennifer G. Robinson, MD, MPH
David Spragg, MD

12:00 – 12:30 pm **Not Your Grandfather’s Medical School: How the New Mayo Medical School Will Transform Medical Education in Arizona and Worldwide**
Michele Y. Halyard, MD

12:30 – 1:30 pm **Lunch**
How Can We Save Women’s Hearts in Arizona and Beyond?
Martha Gulati, MD, MS, FACC

SESSION II: **It’s Not Always the Coronaries: Other Cardiovascular Problems and Innovative Solutions**

1:30 – 2:00 pm **How to Perform the Highest Risk PCI with the Greatest of Ease: New Support Devices to Make the Impossible Possible for Coronary and Valvular Procedures**
Ray Matthews, MD

2:00 – 2:30 pm **PVD: An Epidemic and Explosion in Options in the Femoral Popliteal Patients...What Are the Best Treatments?**
Ebrin J. Armstrong, MD, MSc, FACC

2:30 – 3:00 pm **Break & Visit Exhibits**

VALVULAR ZONE

3:00 – 3:30pm **Is TAVR Now Indicated in Even Low Risk Aortic Valve Disease Patients?**
Saibal Kar, MD, FACC

3:30 – 4:00 pm **Mitral Valvular Disease: An Explosion of Multiple New Non-Surgical Options**
Saibal Kar, MD, FACC

4:00 – 4:30 pm **Carotid Disease: Will ACT ONE Finally Tell Us the Best Options for Our Patients...or Are We on the CREST of a New Wave?**
Ebrin J. Armstrong, MD, MSc, FACC

4:30 – 5:00 pm **Panel Discussion/Question & Answer**
Ebrin J. Armstrong, MD, MSc, FACC
Richard R. Heuser, MD, FACC
Saibal Kar, MD
Ray Matthews, MD
Ashish Pershad, MD, FACC

5:00 pm **Adjourn**

Cardiovascular Disease Management
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4th Annual Symposium
October 13 – 14, 2016

Friday, October 14, 2016

7:15 – 8:00 am	Registration and Continental Breakfast
<u>SESSION III:</u>	Diabetes: An Epidemic
8:00 – 8:30 am	The Foot Doctor: The Front Line to Diagnose Arteriosclerosis <i>Kerry Zang, DPM</i>
8:30 – 9:00 am	Amputation Prevention from A-Z: An Experts' Plan of Attack <i>George L. Adams, MD, MHS, FACC</i>
9:00 – 9:30 am	Can We Cure Arteriosclerosis? New Thoughts and Concepts and New Game Changing Treatments <i>Jennifer G. Robinson, MD, MPH</i>
9:30 -10:00 am	Panel Discussion / Question & Answer <i>George L. Adams, MD, MHS, FACC</i> <i>Richard R. Heuser, MD, FACC</i> <i>Jennifer G. Robinson, MD, MPH</i> <i>Kerry Zang, DPM</i>
10:00 -10:30 am	Break & Visit Exhibits
10:30 – 11:00am	Do We Have the COURAGE to Do the Right Things in Our Aggressive PCI Approach to Coronary Disease: New Perspectives on the ISCHEMIA Trial <i>William S. Weintraub, MD, MACC</i>
11:00 – 11:30 am	Healthcare From Your Smart Phone: The Digital Revolution and Its Impact on Healthcare and Innovation <i>Peter J. Fitzgerald, MD, PhD, FACC</i>
11:30 am – 1:00 pm	Lunch (lunch activities not included in CME hours)

12:00 – 1:00 pm

INNOVATORS PANEL

Innovation in the 21st Century: With the Current Regulatory Environment in the US, Can We Still Build a Better Mousetrap or Have Regulations Killed the Next Andreas Gruentzig or Tom Fogarty?

Panelists:

Richard R. Heuser, MD, FACC

Peter J. Fitzgerald, MD, PhD, FACC

John B. Simpson, MD, PhD

Thomas A. Sos, MD

Peter Wehrly

SESSION IV:

Future Shock of Cardiovascular Medicine

1:00 – 1:30 pm

The Outpatient Cath Lab: The Dread of Hospitals or the Future of Cardiovascular Contemporary Care...Prospectus from a Pioneer
Jeffrey G. Carr, MD, FACC

1:30 – 2:00 pm

The Radial Revolution is Coming – Are You on the Train or Are You Going to be Run Over on the Tracks?
Ian C. Gilchrist, Sr., MD, FACC

2:00 – 2:30 pm

Break & Visit Exhibits

2:30 pm – 3:00 pm

New Concepts in Acute PCI Care: Do We Finish the Job or Just Treat the Culprit Lesion? New Perspective from an Expert
Matthews Chacko, MD

SPECIAL GUEST LECTURE

3:00 – 3:45 pm

From Andreas Gruntzig and Beyond: How Angioplasty has Transformed Cardiovascular Care
John B. Simpson, MD, PhD

3:45 – 4:30 pm

Panel Discussion / Question & Answer
Jeffrey G. Carr, MD, FACC
Matthews Chacko, MD
Ian C. Gilchrist, MD, FACC
Richard R. Heuser, MD, FACC
John B. Simpson, MD, PhD

4:30 pm

Adjourn